

Check out what's happening in Saskatoon Willowgrove and throughout the Province!



Working for You.

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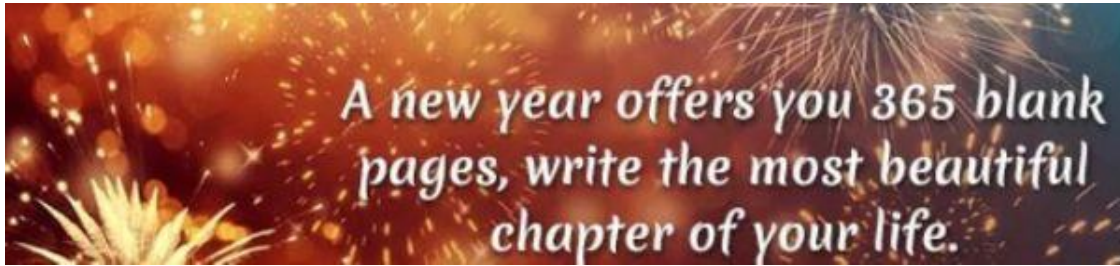
Provincial Point of View

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**Wishing you a
Happy New Year!**



During the holiday season more than ever, my thoughts turn gratefully to those who have made our progress possible. And in this spirit I sincerely say Thank You and Best Wishes for a Happy New Year!



As we reach the conclusion of another year, I hope everyone has enjoyed a wonderful holiday season spent with family and friends. 2019 has been a year of growth and success for Saskatchewan. We can reflect on the accomplishments of the past year and look forward to continuing to serve the people of Saskatchewan in 2020 under the capable leadership of Premier Scott Moe.

One of our province's proudest achievements was the September 2019 opening of the new Jim Pattison Children's Hospital. As Premier Scott Moe stated, "The grand opening of the Jim Pattison Children's Hospital marks the culmination of a decade's worth of hard work and determination that started with a simple vision: providing world-class health care for Saskatchewan children and families for generations."

The \$285.9 million state-of-the-art facility right here in Saskatoon will provide hope and healing and will have an impact on Saskatchewan that is sure to extend far beyond the walls of the hospital.

It is an honour to represent the constituents of Saskatoon Willowgrove. As we prepare for 2020, I respectfully ask you to continue to share your thoughts; your feedback is important.



Ken Cheveldayoff MLA
Saskatoon Willowgrove

2020

JANUARY							FEBRUARY							MARCH						
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OCTOBER							NOVEMBER							DECEMBER						
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Happy New Year to you and your family! I hope you had a holiday season filled with joy and happiness.

"Learn from yesterday, live for today, hope for tomorrow." - Albert Einstien

The New Year is a great time to reflect on the past year and set goals for 2020. May you face your challenges with courage and confidence, and find satisfaction in all you do. Trish, Carter, Paige and I wish you everlasting happiness and peace in the New Year.

ERINDALE- AROBR CREEK COMMUNITY ASSOCIATION GETS READY FOR WINTER REGISTRATION



Have you read the Erindale Arbor Creek Community Association Newsletter? Their winter newsletter is posted for information on programs starting in January. Registration for programs begins on January 8th. Their winter newsletter is now posted online. Download their newsletter [here](#). The volunteers have done an incredible job highlighting activity in our community including adult programs, sports information, children's programs and more.

I was honoured to have the opportunity to share the message below in the EACCA newsletter:

Thank you for the opportunity to participate in your community newsletter. At the time of this writing, your provincial government will be in its last week of the 2019 fall sitting of the Legislature. This is an important time for Saskatchewan residents as we embark on a plan for the next decade of growth. Saskatchewan's Growth Plan for 2020 to 2030 outlines 20 key actions our government will undertake in the 2020's to build a strong and growing province and ensure we remain on track to realize the 30 goals we look to achieve by 2030.

From supporting communities through \$2.5 billion in revenue sharing to investing \$30 billion in infrastructure and reducing surgical wait times, our new Growth Plan will ensure a strong economy, strong families and a stronger Saskatchewan.

And supporting community is exactly what the hard-working executive and EACCA volunteers have done by compiling a voluminous selection of activities that will benefit our minds and bodies. From photography to sports, to cooking and yoga, there is something of interest to all of us. A quick glance at the adult programs proves that the offerings are well-tailored to many of us caught up in the frenzy of each day (Butts and Guts, Drawing for Dummies, Getting Your Photos out of Chaos).

On November 28th, our Government released a new interactive website, Play, Learn, Grow. It provides simple and easy ways for families to interact with their young children which can, in turn, lead to the development of a strong foundation for future success. The EACCA program offerings fall right in line with this research. From the coordination of facilities to the gathering of volunteers to the distribution of information, the Executive team works tirelessly so that our families can participate in activities that have the potential to positively impact our lives.

So much has happened since the early years when a few houses and expansive prairie detailed the landscape of Erindale and Arbor Creek. Both communities have come together in the interest of what has been best for the residents – the results of which are visible in the vibrant and thriving communities we see today. Thank you to the residents of EACCA for making this community and, by extension, the city of Saskatoon a wonderful place in which to live and raise a family.

I will do my best to be part of your community events and activities; please contact me by phone (306)-651-7100 or email ken.cheveldayoff.mla@sasktel.net.

And finally, please accept my best wishes for a relaxing holiday season and a New Year that brings good health and personal reward to you and yours.

PLEASE DRIVE SAFELY!



Looking for a safe ride home? Let the updated [SGI Safe Ride app](#) be your wingman.

Be a Good Wingman this holiday season and plan ahead so we can all make it home safely to our loved ones.

Check out today's news release to find even more info: <https://www.sgi.sk.ca/news>



People shouldn't disappear. Read more at <https://www.saskatchewan.ca/.../our.../people-shouldnt-disappear>.

20 TIPS FOR A POSITIVE NEW YEAR

2020

1 STAY POSITIVE

You can listen to the cynics and doubters and believe that success is impossible or you can trust that with faith and an optimistic attitude all things are possible.

2 TAKE A DAILY "THANK YOU WALK"

You can't be stressed and thankful at the same time. Feel blessed and you won't be stressed.

3 EAT HEALTHIER FOODS

that grow on trees and plants and less foods manufactured in plants.

4 TALK TO YOURSELF

Instead of listen to yourself. Instead of listening to your complaints, fears and doubts, talk to yourself with words of truth and encouragement.

5 NO ENERGY VAMPIRES ALLOWED

Post a sign that says "No Energy Vampires Allowed." Gandhi said, "I will not let anyone walk through my mind with their dirty feet."

6 BE A POSITIVE TEAM MEMBER

Being positive doesn't just make you better, it makes everyone around you better.

7 DON'T CHASE SUCCESS

Decide to make a difference and success will find you.

8 GET MORE SLEEP

You can't replace sleep with a double latte.

9 DON'T WASTE YOUR ENERGY

Don't waste your precious energy on gossip, energy vampires, issues of the past, negative thoughts or things you cannot control.

10 LOVE, SERVE AND CARE

You don't have to be great to serve but you have to serve to be great. Look for opportunities to Love, Serve and Care.

11 REMEMBER YOUR WHY

Live your purpose. Remember why you do what you do. We don't get burned out because of what we do. We get burned out because we forget why we do it.

12 LOVE THE PROCESS

Remember there's no such thing as an overnight success. Love the process and you'll love what the process produces.

13 HAVE TRUST

Trust that everything happens for a reason and expect good things to come out of challenging experiences.

14 NO COMPLAINING RULE

Implement the No Complaining Rule. If you're complaining you're not leading.

15 READ MORE

Read more books than you did in 2019. I happen to know of a few good ones. :)

16 DON'T SEEK HAPPINESS

Instead live with love, passion and purpose and happiness will find you.

17 FOCUS ON "GET TO"

Focus on "Get to" vs "I have to." Each day focus on what you get to do, not what you have to do. Life is a gift not an obligation.

18 GET BACK UP

The next time you "fall" remember that it's not meant to define you. It's meant to refine you.

19 SMILE & LAUGH MORE

They are natural anti-depressants.

20 ENJOY THE RIDE

You only have one ride through life so make the most of it!

DO YOU HAVE A SAFE RIDE PLANNED THIS NEW YEAR'S EVE?

Ride the bus for free on New Year's Eve.



Plan to take the bus on New Year's Eve. Using the Transit app or Google Maps on your desktop, just select where you want to go, the date, and time and it will show you where to get on and what route to take. AND, all buses are FREE till 3 a.m. on the 31st. Also, with Transit+ you can combine the bus and rideshare. This means: if you plan a trip, the transit app will show you where combining 🚗 with 🚏 is faster than any one mode by itself. Use the promo code "Transit2019" to get \$5 off your 1st ride.



Prayer for the New Year

Give us the kindness to hear with compassion,
to offer support,
loving comfort, and care.
Give us the courage to do what is needed,
the wisdom to choose
what is right and most fair.
Give us the vision to see what is possible.
Give us the faith
that will help pave the way
for a present that's hopeful,
a future that's peaceful—
give us the heart to bring joy to each day.

COMMUNITY POLICE AND FIRE ACADEMY AGE-FRIENDLY



When it comes to the safety of adults, 55 and older, the Saskatoon Police Service and the Saskatoon Fire Department, in partnership with the Saskatoon Council on Aging, are putting the focus on prevention. And they're doing this through a fun, innovative age-friendly program called the Community Police and Fire Academy.

This new collaborative venture aims to empower and educate older adults by providing information about safety and security issues that will help them live safely and independently.

Participants will gain valuable knowledge about the police and fire services such as: home and personal security, fraud prevention, internet safety, traffic safety, elder abuse, K-9 policing, emergency preparedness, fire safety, fall prevention, the 911 system and how to report a crime.

The Community Police and Fire Academy is a ten week program beginning February 12, 2020 and ending on April 15, 2020. The 2.5 hour sessions will be held on Wednesday mornings between 9:30 am and noon in the Community Room of the Saskatoon Police Service (76 25th Street East) or the Community Room of Fire Station No. 3 (2613 Clarence Avenue South).

Enrollment is limited to 20 participants and is free to attend. Applicants must be 55 years or over, live in the Saskatoon area, commit to attending all sessions and have an interest in learning more about the police and fire services here in Saskatoon. Applicants are encouraged to fill out the application completely, including why they would like to attend and how they will be able to share the knowledge they gain with our community.

Application Instructions:

Fully complete the [Community Police and Fire Academy Age-Friendly Engagement Form](#)

- you can apply by
 - Email: cpfa@police.saskatoon.sk.ca
 - Mail: P.O. Box 1728 Saskatoon, SK S7K 3R6
 - Drop off at the Police Station: 76-25th Street East, Saskatoon

Deadline to apply is January 15, 2020

If you have any questions, please contact the Community Police and Fire Academy Coordinator:

Community Liaison Officer - 306-975-8032, cpfa@police.saskatoon.sk.ca

Click [here](#) for additional information on this and community Police Academy goals.

CITY OF SASKATOON - HOLIDAY COLLECTIONS REMINDER



Don't miss pick up day! Garbage (Black Cart) and Recycling (Blue Cart) collections will be rescheduled as follows for applicable routes:
Check your Collection Calendar online at saskatoon.ca/collectioncalendar or download the Saskatoon Recycle & Waste app to your smartphone.

**WILLOWGROVE UNIVERSITY HEIGHTS COMMUNITY
ASSOCIATION WINTER REGISTRATION**

Winter Registration Begins January 8!



The volunteers at the WUHCA hope to see you at the Winter Registration. In-Person Registration January 8 at 7 pm in the Willowgrove School - Multipurpose room. Programs available can be found at: <http://wuhca.ca/fall-2019-programs/>

DO GIFT CARDS HAVE ADDITIONAL FEES?



With gift cards being a popular holiday gift choice, the Financial and Consumer Affairs Authority (FCAA) wants consumers to know the rules surrounding gift cards and their usage. Consumers often have concerns surrounding fees, expiration and redemption.

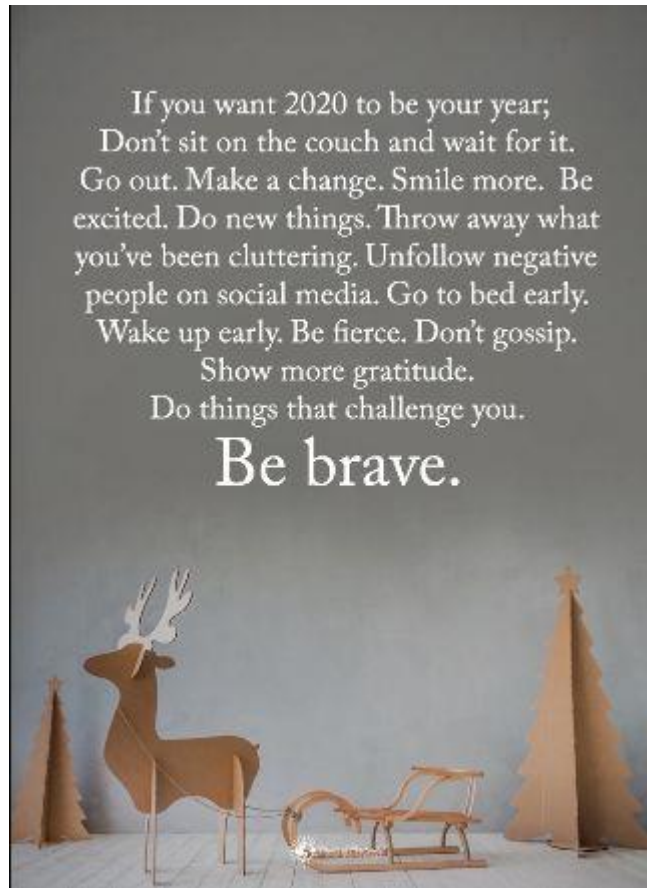
Here are some tips to know when using gift cards:

- There are no additional fees. Gift cards, unlike credit cards, should not have post purchase activation fees, usage fees, or annual/monthly payments.
- Gift cards can't expire, except for a few exceptions. Gift cards that are purchased and sold in Saskatchewan don't have expiration dates. The only time an expiry date is allowed on a gift card is if you received the card after making a donation to a charity or nothing of value was provided to obtain the card. (For example, free promotional gift cards distributed for advertising purposes can have expiry dates).
- Use your gift cards promptly. If a store goes out of business, it's unlikely you'll be able to recover the value from your card.
- When buying a gift card, make sure to read the fine print. By reading the fine print, you will know all the limits the card has prior to purchase.

For more information, visit <http://fcaa.gov.sk.ca/consumers-investors-pension-plan-members/consumers/consumers-of-goods-and-services/gift-cards>.

Contact Consumer Protection Division

The Consumer Protection Division may be able to help consumers with gift card disputes. Consumers can call toll free at 1-877-880-5550 or by email at consumerprotection@gov.sk.ca.



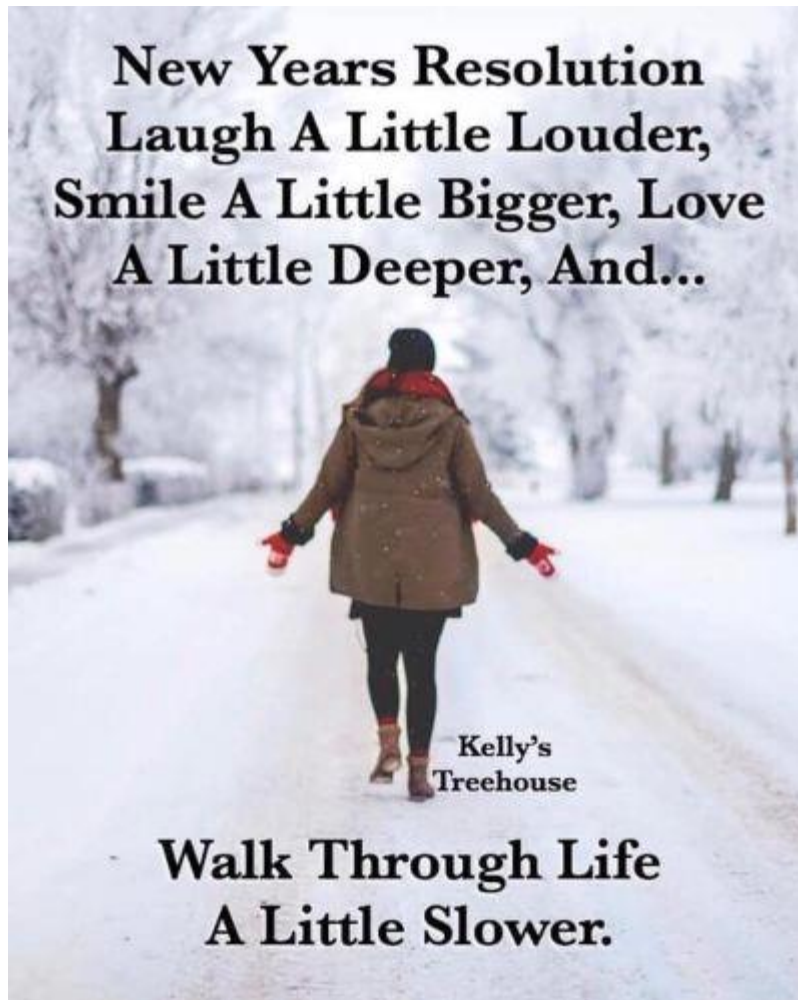
New Year's Resolutions for the Bereaved

By Tanya Lord

This year I resolve to:

- ♥ Not put a time limit on my grief. Loving someone means loving them for my life time whether they are physically present or not.
- ♥ Tell their stories, the happy and the sad, they will live on through me.
- ♥ Encourage others to share memories.
- ♥ Teach others that they cannot "make" me cry, tears are only an external expression of how I am feeling all the time.
- ♥ Understand that crying or otherwise expressing my pain is healthy and normal. "Doing well" means expressing my feelings
- ♥ Understand that others will not understand my pain and it isn't fair to expect them to do anything but listen.
- ♥ Recognize that asking for help from those that love us is a really a gift that we give to them.
- ♥ Help others, reaching out to others in pain will help me to heal.
- ♥ Do something nice for myself every day.
- ♥ Know that if today I can not do everything that needs to be done, tomorrow is another chance to get it done.
- ♥ Cry when I need to, laugh when I can and to not feel guilty about either one.
- ♥ Let go, bit by bit, of the guilt, regret and anger because I know holding on to these emotions can be so damaging.
- ♥ Take a risk and let others into my life and heart.
- ♥ Take care of my physical, emotional and spiritual health.
- ♥ Reinvest in life a little bit each day...





NEW INSURANCE RULES COMING INTO FORCE

The Government of Saskatchewan will be proclaiming *The Insurance Act* on January 1, 2020. The new Act modernizes legislation, allowing Saskatchewan's marketplace to deal with new and emerging issues in the rapidly changing insurance industry.

"These changes better reflect what is going on in the industry," Justice Minister and Attorney General Don Morgan said. "We had extensive consultations with industry associations, insurers and agents and have developed legislation that is flexible and modern, and enhances consumer protection."

The new Saskatchewan insurance legislation:

- incorporates new licensing and supervision requirements;

- introduces separate licensing categories for managing general agents and third party administrators;
- expands the restricted insurance agents licensing regime to permit the sale of insurance together with the sale of certain products or services (e.g. car rental companies or insurance for portable electronic goods);
- outlines market conduct standards, introduces new fair practice provisions, and identifies unfair practices in order to protect consumers;
- describes new complaint handling provisions, including a requirement to let consumers know about where they can take complaints and disputes such as to an ombudservice or the Superintendent; and
- moves toward further harmonization with other Canadian jurisdictions, primarily Alberta.

For more information about *The Insurance Act* visit <https://fcaa.gov.sk.ca/regulated-businesses-persons/businesses/insurance-companies/regulations-for-licensed-insurers>.



THOUGHT OF THE DAY



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KEEP IN TOUCH

I appreciate the many opportunities to make a positive difference in my constituency. Your phone calls, letters, and emails make a big difference in keeping me informed on the issues that matter to you.

If you would like me to recognize anyone or have your event mentioned in this newsletter, please don't hesitate to call or email me.

"From a Provincial Point of View" is a weekly message from Ken Cheveldayoff, MLA Saskatoon Willowgrove. Your opinions are important and your letters, emails, and phone calls on any issues relating to the provincial government are welcomed.

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